Scripture Reading – Gen. 2:18-25

1. God’s Plan - He created male and female.
   - Created with equality. (Gen. 1:27; Gal. 3:28; 1 Peter 3:7)
   - Created with diversity. (Gen. 2:20)
   - Created for sexual intimacy or “oneness.” (Gen. 1:28a; 2:24-25)

   Two extreme “upside down” myths.
   - all sexual activity is ok.
   - all sexual activity is evil.

2. God’s Plan is good. (Jer. 29:11; Heb. 13:4)
   - Physically good.
   - Emotionally good.
   - Mentally good.
   - Spiritually good.

3. God’s Plan needs to be guarded.
   - Guard your heart. (Prov. 4:23)
   - Guard your body. (Job 31:1; 1 Thess. 4:3-4)
   - Guard your marriage. (Prov. 5)
“Then the Lord God said, ‘It is not good that the man should be alone; I will make him a helper fit for him.’ Now out of the ground the Lord God had formed every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living creature, that was its name. The man gave names to all livestock and to the birds of the heavens and to every beast of the field. But for Adam there was not found a helper fit for him. So the Lord God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, ‘This at last is bone of my bones and flesh of my flesh; she shall be called Woman, because she was taken out of Man.’ Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. And the man and his wife were both naked and were not ashamed.” (Gen. 2:18-25)

1. God’s plan - He created male and female.

- Created with equality.

“So God created man in His own image, in the image of God He created him; male and female He created them.”

(1:27)

Humanistic evolutionary model... “Pets are people too?”

Similarities - common Creator.

“...there is no male and female, for you are all one in Christ Jesus.” (Gal. 3:28)

“...they are heirs with you of the grace of life” (1 Peter 3:7)

“Blessed us in Christ with every spiritual blessing in the heavenly places.” (Eph. 1:3)

- Created with diversity.

Equal but not identical. Different but complementary.

“Anyone who says the sexes were created equal hasn’t worked in an office with one thermostat.” - Comedian Matt Wolhfarth

“Helper,” used for God. (Psalm 33:20; 70:5)

- Created for sexual intimacy or “oneness.”

“And God blessed them. And God said to them, ‘Be fruitful and multiply and fill the earth...’” (Gen. 1:28)

“They shall become one flesh.” (Gen. 2:24)

“They were naked and were not ashamed.” (25)

Two “upside-down” myths.

- All sexual activity is ok.

The Bible prohibits all sexual activity outside of the marriage covenant between one man and one woman.

- All sexual activity is evil.

2. God’s plan is good.

“For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.” (Jer. 29:11)

“God’s design for marriage is far more breathtaking and much more satisfying than anything we could ever create on our own.” - David Platt, “Counter Culture”
“Let marriage be held in honor among all and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.” (Heb. 13:4)

“I am a fallen man. I’ve had 2 failed marriages - I lived for myself for 40 years. I finally put my faith in Christ. I asked Jesus to take control.”

Physically good.

Emotionally good.

Upside-Down World’s Philosophy
- Emotional sears; shame; deadens your conscience.
- Go though the motions; no big deal.

“Satisfying sex is built and thrives in a safe and loving environment of vulnerability, trust, and serving one’s partner rather than focusing primarily on what one can ‘get.’” -Chip Ingram

Mentally good.

Spiritually good.

3. God’s plan needs to be guarded.

- Guard your heart.
- “Keep your heart with all vigilance, for from it flow the springs of life.” (Prov. 4:23)

“Did He not make them one, with a portion of the Spirit in their union?..So guard yourselves in your spirit and let none of you be faithless to the wife of your youth.” (Mal. 2:15)

- Guard your body.

“I have made a covenant with my eyes; how then could I gaze at a virgin?”
(Job 31:1)

“For this is the will of God, your sanctification: that you abstain from sexual immorality” (1 Thess. 4:3-4)

- 40% of men visit porn sites regularly.
- 1/3 of victims of sex trafficking used in pornography.

- Guard your marriage.

Next week -
“How to Stay Pure in an Impure World.”

The Discipline of Being Faithful (Prov. 5)
- Be attentive to wisdom. (1)
- Stay away from the door of temptation. (8)
- Don’t give away what belongs to your spouse. (10, 16)
- Don’t bring physical disease into your body. (11)
- Be alert to deception. (3)
- Don’t long for “freedom.” (12-13; 23)

The Discipline of Being Faithful (Prov. 5)
- Listen to the wise people around you. (13-14)
- Find pleasure in your spouse. (18, 19)
- The Lord sees everything. (21)